

# Elementary Hot Lunch February 2024

Slogan Winner- " Let's Eat Healthy together & get everyone's bones strong!"-

By Kennedy A., grade 4, St. Peter the Apostle



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PA Harvest of the Month for February: Mushrooms!

**February is American Heart Month** - Take time this month to learn about the importance of a healthy heart and actions you can take to live a heart healthy life. ❤️

**MENU IS SUBJECT TO CHANGE** - A variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free. **V = vegetarian**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>5</b> 281 Popcorn Chicken with Roasted Potatoes OR <del>288 Mini Pepperoni Calzones</del> <del>623 Tater Tots</del> 611 Bagged Baby Carrots 670 Fresh Fruit 929 Chocolate Dino Bites <b>NEW</b>	<b>6</b> <del>624 Chicken Alfredo with Roma Pasta &amp; Broccoli</del> <del>622 Pinner Roll</del> OR 210 Cheese Stuffed Breadsticks V & 622 Marinara 630 Dragon Punch Vegetable Juice 650 Strawberry Banana Smoothie	<b>7</b> 215 Taco Stick OR <del>214 Salsa Turkey Stick</del> OR <del>622 Turkey Ham &amp; Cheese Roll</del> 632 Wango Mango Vegetable Juice 620 Salsa 658 Cherry Craisins 941 Tostitos Scoops	<b>8</b> <del>282 Buffalo Chicken Calzones</del> 268 French Bread Pizza V OR <del>242 Chicken Turkey Ham &amp; Cheese Wagon</del> 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit OR 682 Banana	<b>9</b> <del>202 Mini Corn Dogs</del> OR 204 Chicken Nuggets 603 Baked Beans 631 Cherry Star Vegetable Juice 608 Dole Tropical Fruit Cup 934 Cinnamon Dino Bites
<b>12</b> 209 Taco Meat OR <del>621 Two Cheese Chicken Casserole</del> 625 Corn 620 Salsa 670 Fresh Fruit 941 Tostitos Scoops	<b>13</b> 268 French Bread Pizza V OR <del>285 Meatloaf &amp; Gravy with Mashed Potatoes</del> <del>622 Pinner Roll</del> 630 Dragon Punch Vegetable Juice 690 Apple Crisps	<b>14</b> <del>242 Pinner Calzones</del> <del>623 Marinara</del> OR 288 Mac & Cheese with Broccoli V 632 Wango Mango Vegetable Juice 686 Sweet'Heart Cherry Rosati Ice 993 Heart Cookie Valentine's Day Ash Wednesday	<b>15</b> <del>272 Swedish Meatballs with Broccoli</del> OR 205 Popcorn Chicken & 623 Tater Tots OR <del>222 Turkey Ham &amp; Cheese Casserole</del> 708 Romaine Salad with Spinach & Chickpeas 647 Dole Mandarin Oranges	<b>16</b> <del>218 Mozzarella Sandwiches</del> OR 255 Pizza Boli V OR <del>241 Soy Putter &amp; Jelly Sandwiches</del> 611 Bagged Baby Carrots 545 Cranberry Orange Hummus 657 Strawberry Craisins
<b>19</b> <b>President's Day</b>	<b>20</b> 207 Cheese Ravioli V & 624 Green Beans OR <del>624 Chicken Alfredo with Roma Pasta &amp; Broccoli</del> 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 903 Maple Biscuit <b>NO SCHOOL PROF. DEV. DAY</b>	<b>21</b> <del>284 Chicken Nuggets</del> <del>622 Pinner Roll</del> OR 257 Mozzarella Sticks <b>NEW, V</b> & 622 Marinara Sauce 632 Wango Mango Vegetable Juice 659 Watermelon Craisins 933 Cinnamon Tiger Bites	<b>22</b> <del>242 5" Round Calzones</del> <del>623 Pinner Roll</del> OR 264 4x6 Cheese Pizza V 620 Salsa 670 Fresh Fruit 941 Tostitos Scoops	<b>23</b> <del>225 Chicken Ham Melt</del> OR 217 Spicy Grilled Cheese V OR <del>274 Toasted Cheese Sandwiches</del> 611 Bagged Baby Carrots 543 Red Pepper Hummus 752 Fruit Punch Juice
<b>26</b> <del>622 Mini Pepperoni Calzones</del> <del>623 Tater Tots</del> OR 283 Chicken Tenders with Corn 6611 Bagged Baby Carrots 748 Grape Juice 929 Chocolate Tiger Bites <b>NEW</b>	<b>27</b> 281 Popcorn Chicken with Roasted Potatoes & 928 Goldfish Pretzels OR <del>220 Hamburger with Green Beans</del> <del>625 Hamburger Roll</del> 603 Baked Beans 695 Strawberry & Mango Sidekick <b>National Strawberry Day</b>	<b>28</b> 288 Mac & Cheese with Broccoli V OR <del>285 Meatloaf with Gravy &amp; Mashed Potatoes</del> 632 Wango Mango Vegetable Juice 749 Apple Cherry Juice 901 Honey Biscuit	<b>29</b> 215 Taco Stick OR <del>224 Philly Cheesesteak Sandwich</del> OR <del>242 Chicken Turkey Ham &amp; Cheese Wagon</del> 620 Salsa 630 Dragon Punch Vegetable Juice 670 Fresh Fruit z 682 Banana 941 Tostitos Scoops	<b>1</b> <del>242 French Bread Pizza V</del> OR 264 4x6 Cheese Pizza V 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit

**PLEASE READ CAREFULLY** - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.



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